

Did you know?



Massey University smokefree January 1, 2018

Visit our website for more information
www.massey.ac.nz/smokefree

Help is available to those who wish to quit smoking

Employee Assistance
Programme

www.eapservices.co.nz
[0800 327 669](tel:0800327669)



www.quit.org.nz
[0800 778 778](tel:0800778778)

Visit the University's
Health and Counselling
clinic on campus



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